



HOW TO ATTRACT THE PERFECT MAN AFTER 40

**EXCLUSIVE INSIGHTS FOR WOMEN WHO WANT TO
ATTRACT THE MAN OF THEIR DREAMS**

AN EXCLUSIVE INSIGHT REPORT FOR WOMAN OVER 40 WHO ARE STILL LOOKING FOR LOVE

This short report will help you get an insight about what you need to do and what needs to happen to put you in the right tracks to find the man of your dreams. (Relationship Secrets Revealed inside)

By Sylviane Nuccio

Relationship and Success Coach who helps transform people's lives by getting incredible results.

Disclaimer

Copyright © 2017

You are allowed to share this Free Report, but you cannot change its content or sell it.

Why You Have Always Been Attracting the Wrong Man

You've been wondering why some of your female friends or relatives have been lucky enough to have found the love of their life on the first shot, while you have gone from one bad relationship to another.

Why are you always attracting the wrong guy?

This is a question many women are asking themselves.

As a matter of fact, the “*why me*” question is a question many people are asking and not only about relationships, but we'll concentrate on this specific area here.

- Why has true love always eluded me?
- Why do I seem to always attract the wrong guy?
- Why am I so unlucky in love?

Since most people don't know or decide to ignore the laws of the universe they live in, it's only natural that all they can do is *observe* the results rather than control them.

That's why they name those result things like fate, luck, or circumstances. Those words are very convenient when we can't explain something, because it's always safer and easier to blame problems on circumstances outside of us rather than inside of us.

If we are poor it's because of the economy or the government. If we are unlucky in love it's because of fate and circumstances, and thinking that we could even remotely be responsible for it is out of the question.

It's Time for a Big Discovery

Knowledge is power.

Yes, knowledge is power, while the lack of it makes you weak and a victim of “circumstances.”

Trust me here, I know what I'm talking about, and I'll tell you why in a second.

When you are ignorant of why the things that happen to you are happening you become prey to all sorts of things.

Why?

Because you are suffering but you don't exactly know what you're suffering from or why.

As a result, you're willing to sell your soul (so to speak) to anyone telling you they can save you. I know this because I've been there and done that.

When I was suffering because in my own history of bad relationships, still very far from understanding why this was happening to me, I fell into the traps of a cult many years ago.

This is just my own experience, but it's *not* unique, far from it. This has and is still happening to many people every day, and especially women who feel lonely because they are in the wrong relationship or single because of their bad past relationships.

That's why I decided to use my knowledge, experience, and coaching skills to educate women who are suffering from bad relationships.

Knowing why you keep going from one bad relationship to the next is really, really going to not only wake you up, but it's going to prevent you from making mistakes even bigger than getting involved in yet another failed relationship. It can save your life in more ways than you can understand right now.

Discovering that knowledge is power because it's going to help you above and beyond avoiding relationship mistakes and avoiding the bad guys out there.

It's going to prevent you from making sides mistakes you're not even thinking about right now that would be linked to the fact that you keep attracting the wrong guy.

It's Time for the Truth

The truth is that the reason why one woman is able to attract a certain type of men while another attracts another type of men has less to do with fate, luck and any other circumstances than it has to do with their inner thoughts, feelings, and beliefs, whether those are conscious or unconscious.

Something that I have eventually learned and that freed me forever is that I wasn't just the unluckiest woman on the planet always attracting bad men into my life, I was attracting them for a reason I wasn't conscious about.

I was that reason. I was the source of what I translated mistakenly as bad luck.

Don't be mistaken, though, the reason why you are the source of your unbalanced relationships doesn't mean that you should blame yourself.

You're not to blame since most of this happens at a subconscious level.

However, knowing that there is a way out and that you are *the only one* that can make the decision to do something about it, you are responsible for taking action.

When you're thinking about your past relationships you can't even remember a single one that was a good and healthy relationship. On the contrary, you've always had a strong tendency to attract bad men that neglected you at best and sadly disrespected or abused you at worst.

If this is you, take heart, because this material is for you!

The Main Reasons Why You Keep Falling For Men Opposite Of What You Want

You have a Low Self-Esteem

No woman with a high self-esteem would ever accept to be treated with any less than absolute respect and thus attract the type of men that would give them such respect.

This law works for every living being. Even animals with low self-esteem will get bullied by those who have more self-esteem.

A woman with low self-esteem will give herself tons of excuses for accepting a man who disrespects and treats her badly.

Now, you need to understand that even a woman that has achieved success and seems to have high self-esteem in other areas of her life, could have low self-esteem when it comes to relationships. I've met many of such women (some of which are my clients), and I was one of them myself.

If you have low self-esteem when it comes to relationships you're telling yourself that if you've got involved with a man that neglects or disrespects you it's because you deserve it. This is a chat that you may not admit to yourself out loud but which is going on deep inside mind.

You don't Know Yourself well enough

It might be surprising to you, but the biggest problem my clients have as a whole is that they haven't got to know themselves very well yet.

A huge part of my work with individuals is to help them discover themselves – Truly get to know themselves.

As a woman, if you keep attracting the wrong guy, I can assure you that it's because you don't know yourself well enough.

What are the triggers that make you act a certain way? What makes you tic? Why are you responding to things and people de way you do? What type of behaviors makes you plunge again and again?

You must know the answers to such questions in order to understand what's going on with your relationship patterns.

You don't Know How to Read the Signs

There are easily detectable signs that would let you know as a woman if a man is a potential gentleman or someone that you should run away from.

If something doesn't sound right or doesn't feel right it probably isn't.

If your heart says go ahead while your head says don't, your head is always right in this case.

If the guy seems more interested in getting in your pants than talking about the future, and other mutual interests then you should run.

There are many obvious and not so obvious signs that are very telling and that you should pay attention to if you don't want to fall into another bad relationship.

You haven't Learned from your Past Experiences

Take every past relationship experience not so much as failures but as learning experiences.

Track your past mistakes as far as jotting them down. And then, write a list of the things you would do differently today if you were to find yourself meeting the same type of man.

Be as objective as possible and analyze your mistakes closely while making sure that you won't make the same mistakes again.

The only usefulness of past mistakes is to learn from them in order to never duplicate them again.

You are not Aware of your Subconscious Programming

The major reason why you need to learn about your [subconscious programming](#) it's because what you want consciously and what you're bringing into your life mismatch more often than not.

And the reason they do is because what you want comes from your conscious mind, while what you get in life comes from your subconscious programming.

Only when you get to know your own subconscious programming and how it affects your life, will you be able to change your results from its source.

Getting involved in the wrong relationship is due for the most part to your subconscious programming.

The good news is that [it can be changed](#).

You haven't Upgraded your Life

The key to having a great love life is to have a great life, and a great life will automatically lead to a great relationship.

Nowadays we spend time upgrading our phones and computer systems, but when was the last time you've upgraded your values?

When was the last you hired a coach to help you grow?

Do you know that *most*, if not *all* successful people hire coaches on regular basis?

Upgrade your life by learning new things that will help you improve not only with your relationships but in all areas of your life.

You're Focusing on the Wrong Guy

Every time you waste as much as few minutes on picking up a call or instant message from the wrong guy, you're not focusing on all the right guys out there.

When was the last time your intuition told you that it was the wrong guy, but you decided to go for him anyway?

While you're losing precious time focusing on the wrong guy, you're missing out on learning how to attract the man of your dreams.

What You Need to Know About Yourself Before You Move into a Relationship

About half marriages, not only in the United States, but in many other modern countries of the world, end in divorce

And that doesn't include relationships without marriage, which many also end in separation.

Yet again, not all marriages and relationships that do not end up in divorce or separation are bliss either.

So what does that leaves us with?

Obviously, many of us are making the wrong choice when it comes to romantic relationships.

But why?

Well, let's analyze why so many of us enter relationships that cannot last, and how to avoid this in the future.

Why so many People Start Relationships that can't Last?

There's a very simple answer to this question, but most people don't know it.

The reason that you and I have had a fair share of bad relationships, is that we don't make a conscious choice when it comes to falling in love, or even being attracted to another person.

This is because the REAL motivator behind it all is our subconscious mind.

Of course, you would never consciously want someone that is condescending and abusing you verbally, or even physically. But if as a child you had the misfortune to be verbally or physically attacked, you have a very, very high potential to be attracted by someone who is going to be that way with you.

This is one subconscious factor, but that's not even the only one.

As a matter of fact, unless you get to understand this fully, you will most likely repeat the same mistake over and over.

This is because your choice in partners is not made consciously, but subconsciously.

This is a basic, yet crucial understanding that you need to have when it comes to relationships.

So let's dig a little, shall we?

What's the Difference between Conscious Choice and Unconscious Choice?

There are two very fundamental differences between conscious choice and subconscious choice which we also call unconscious choice.

Let me explain...

For example, if as a child you were told that showing emotions such as being sad, depressed or even crying was a bad thing, what happened is that, as a young child, you learned how to suppress those feelings of sadness and the demonstration of it.

However, the problem is that it didn't prevent them to exist. You've just learned to hide your emotions. To bury them somewhere because you were told that it's bad to show emotions.

As an adult, you came to *consciously* know that people may at times be sad or feel depressed, and cry, but by then, you couldn't show such emotions yourself.

At this point you are not able to show any of such emotions, because when you were just a child what your parent told you became subconscious. You are now subconsciously programmed not to show negative emotions.

Your subconscious programming in this regard, is saying that sad emotions and feelings are bad.

What you didn't know yet, it's that this problem has a huge potential of creating dysfunctional future relationships.

Let's see how...

How a Suppressed Negative Emotional Programming can Affect your Future Relationships

Emotions are natural, whether they are positive or negative. They just serve us to know what is wanted and what is unwanted, so we can move towards better experiences in life.

The problem is that when you were denied to express negative emotions as a child, you were denied a crucial and very important mechanism that is necessary for being balanced in life.

Now, instead, you have a big void.

Here is an example...

Let's say it's 120 degrees Fahrenheit outside, but since this is way too hot, your parents tell you to brake the thermometer so you can try to ignore that it's too hot.

The problem with that it's that it's going to be the same temperature still. It won't cool down just because you've broken the thermometer.

When a confused parent told you as a child not to show emotions of sadness, when you were actually sad, they did the same thing as braking a thermometer to ignore the heat outside.

The fact that your parents tell you don't be sad, don't cry or don't be... feel the blank, doesn't make it to stop. But what it does is that it teaches you to suppress it consciously, and then eventually you suppress it subconsciously.

Do you want to know what happens to us with feelings that we have suppressed subconsciously since childhood?

We are looking for someone else to feel the void.

In this case, basically what's going to happen is that you are going to subconsciously attract someone who was free to express their emotions as a child.

Here is a very concrete example...

My own.

When I was a child I was allowed to feel everything I wanted. My mother was great that way. Never did I hear her say, don't cry, finish your plate or even go to sleep.

The only thing we were told not to do is eat unhealthy snacks that that would ruin our appetite.

You could say that my mother was way ahead of her time in this regard.

She knew that a child cries when he needs to, eats when he's hungry and go to sleep when he's sleepy. And she was right. We just did.

So my subconscious programming in this regard is totally fine. No hick-ups, thanks to my understanding mother.

However, on the other side of the coin, I was seriously bullied in school starting at age 4 until age 16, which is most of all the crucial years where our subconscious work is done, so to speak.

So in this regard, my subconscious programming says it's OK to be bullied. Because that's what it learned to be an everyday occurrence.

On one hand I grew up free of any stress at home, and on the other hand I created a serious stomach ulcer at age 14, due to the stress I was living at school.

What did these two subconscious programming facts were going to do when I'd be looking for a partner?

I'd be looking for someone who wasn't allowed to express any emotion and most likely was reared by strict parents, and turned out to be a bully himself because of it.

Because a person that has been deprived of showing emotions is going to be attracted to someone who has no problem with her emotions, so it can feel the subconscious emotional void they are craving to fill.

However, if that person who is looking to fill that emotional void is also a bully, he's going to be attracted to someone who both is free emotionally, but whom subconscious mind says it's OK to be bullied.

This unfortunate mixture made me a "perfect" match for a bully that was forbidden emotions.

And I sure did. I always managed to attract this very singular type of man.

Because subconscious programming + law of attraction never fail. It's one of the laws of the universe in which we live.

In fact, I was always attracting the same person, with just different bodies, you could say.

It worked every time. Because that's how we attract our relationships.

It's all an inside subconscious work, even though you may think that it's a conscious choice.

This is why, before you enter a relationship you need to know yourself deep down inside, and question WHY you are attracted to that person.

The Vital Question you need to Ask yourself when you Start a Relationship

A very important question you need to ask yourself when you feel attracted to someone and thinking about starting a relationship is...

What could I subconsciously be looking for in that person?

Because in one way or another, you are going to be a match to someone who is going to be filling your voids, and vice versa.

That's why when we say "perfect match in even" we don't even know how true that is. The only problem is what type of "perfect match" we're talking about.

If you have been attracting the same type of partners so far, and if they were not the type of people you wanted to attract anymore, you need to do two things.

- Fix that subconscious programming of yours, which keeps leading you into the wrong relationship.
- Stop starting relationships until it's fixed.

Rushing into a relationship when you are not fully aware of your subconscious problems (when it's obvious that you have some issues based on your past experiences) it's like to keep filling up a bucket of water before you fix the hole.

Truth be told, it's very hard for you to discover your own negative programming. It's like trying to spot a stain on your own face without a mirror.

However, it's way easier to get to know what's going on in your subconscious mind with the help of a coach.

A coach is really like a mirror to the person that's being coached.

Why It Is So Hard to Meet a Great Guy After 40

You are a single woman over 40 and you're finding it hard to meet a great guy.

You're divorced or simply never were able to find the right man for you, and as time goes by you're worrying about this more and more.

In your mind, you feel that's too late for you to ever find the man of your dreams.

You're too old, you're too used to your routine, you're too self-conscious, and maybe simply too afraid of it all.

However, you are yearning for a relationship. You are yearning for closeness. You are yearning to come home to someone at the end of the day, and most of all you're tired of being and feeling alone.

The Truth About What's Going on in your Head

The first thing that you need to understand is that what's going on in your head, what you are thinking day in and day out, is true ONLY to you.

What does it mean?

It means that whatever is true to you is not necessarily true for the rest of the world, or even the rest of the universe you live in, but you are making it true to yourself and yourself alone.

Now, what's the problem with that?

Well, unfortunately, once you believe something strongly enough, whether it holds any truth to it or not, you are making it true to yourself and as a result, you are attracting that "so-called truth" into your life.

People and circumstances that you're attracting into your life are going to invariably match what you believe as true.

A woman who feels young and attractive at 50 will get results in accordance with her beliefs about herself, while a woman who feels old and unattractive at 50 will get results in accordance with her beliefs about herself as well.

There is no right or wrong for your subconscious mind. Every possible outcome exists.

I'm not just saying this. I've experienced the truth of it many times over.

I know for a fact, and as a professional coach, that it's not *easy* to change your mindset – your paradigm as it were, but it's actually a rather simple process.

In a nutshell, you need to give *less* attention to what you *don't* want and *more* attention to what you *do* want.

As per the law of attraction of the universe in which you live it's impossible to give attention to what you do *not* want and attract what you do want.

To apply this to the example above, it's impossible to feel young and attracting good looking attractive men if what you tell to yourself out loud or in your head is "I'm feeling old and ugly."

It's with that type of mindset that most of my clients come to me, though, and it's usually pretty easy for me to diagnose this huge problem right from the get go.

You must learn how to recognize your inner chatting, stop it in its track, and transform it.

Upgrade Your Self Image

"We spend time upgrading our phones and computer systems, but when was the last time you've upgraded your values?"

Now, what do I mean by upgrading your self-image?

I mean that a huge number of women out there, and especially those who find themselves single after 40, tend to downgrade themselves in more ways than one.

In other words, they have a low self-esteem that is underlying it all.

It's affecting their self-image as a whole and a low self-image is the poison of successful relationships.

If you want to meet that great guy that is going to rock your world, you **MUST** upgrade yourself. You must upgrade that self-image of **YOU**.

A good way to start is to learn how to analyze you present self-image.

How do you *truly* see yourself when you think of your person? How do you feel? Are you walking upright? Do you have a voice that project self-confidence? Do you feel valuable?

Answering these type questions honestly will help you see how you truly see yourself. What your self-image is really about, and act accordingly.

But in the meantime, this information will give you the answers as to what type of men you are attracting and why.

In my experience as a relationship coach I found that women who attract low-class guys suffer from a low self-image, and as that image improves so does the type of men who show up in their life.

Fix the Source of the Problem Not the Results

The results that we get in life, whether they are emotional, financial, familial or in your relationship patterns, are due for the most part, to your inner makeup, which we call paradigm.

What is your paradigm?

Basically, your paradigm is what makes YOU.

Throughout the course of my studies and experience as a coach I have found that most of such paradigm is unconscious, better described as subconscious.

If you know anything about your subconscious programming, it's been shaped for the most part between the ages of 0 and 16.

If I look at my own early life I know for a fact that this is, indeed, 100% percent true.

I suggest that you do your own history investigation and see if there were anything worth noticing between the times you were born until you were 16 years old.

That's when your subconscious paradigm was created.

Have you Ever Done This..?

You may have heard that the action of thinking is writing, but have you ever thought about writing down the qualities that you would like to see in a man?

You should write down in as many details as possible what you want your man to be, do and have.

Not so much physically, even though you can, but most importantly write about his personality.

What type personality traits do you like to see in a man and what would match with yours best?

Also, don't forget to mention how this man makes you feel.

Many people don't realize that while we attract with our thoughts, we also attract with our feelings and emotions. Actually, feelings and emotions are the leading factors in the process of attracting.

I realized that a huge problem that my clients were having was that they were carrying on the negative feelings and emotions of their previous relationship into the next almost every time.

So eventually those negative feelings and emotions took the best out of them and their relationship.

You must learn to leave the feelings of your previous relationship with the relationship.

Finding the Perfect Man After 40

Are you someone who thinks that it's impossible to find love once you're over 35?

More and more women are finding themselves single after 40 these days, and the reason why this happens more often today is not only because there are more divorces, but because women are no longer willing to live their entire life with the wrong partner.

The modern woman is just no longer willing to put up with less than a great relationship today.

So, the reason why I'm asking you the question above and the reason I know that some of you reading this will answer, yes, it's because I regularly speak with women who feel that way.

My last example was just a few days ago. Someone barely 35 and already thinking that it's all over for her as far as relationships and finding true love are concerned.

Well, I have a good news and a bad news for you.

The good news is that you always get what you truly believe, and the bad news is that you always get what you truly believe.

Yes, that's right. You read correctly. The good and the bad news are one and the same in this case.

As Henry Ford once said; whether you believe you can or you believe you can't, you're right.

Just a few years ago I was in a very destructive and toxic relationship. I was stuck there for over 7 years, but even when I was at my lowest, I never lost track of my purpose in life and somehow knew that things would get better for me one day soon because I was learning about things that I knew will help me to free myself.

Everything Happens for a Reason

I was abused emotionally and it was starting to get physical as well. And it's when I started to get pushed against walls and windows and grabbed by the collar of my shirt that I started to understand that something was very wrong with me.

Yes. Something was wrong with *me*.

Now how could I say that something was wrong with me when I was the one emotionally and physically abused?

Because by then, I knew enough to know that if I found myself in such pitiful state – such an awful miserable relationship, I had to have attracted it to myself.

You see, there's no such thing as accidents in this universe. Everything happens for a reason. And that reason is YOU.

Once you realize that fact, it gives you so much more power, that you'll start feeling powerful the minute you accept it, even before you're able to remove the bad elements from your life.

If you are over 35 old and alone today, wanting desperately to find the right man, you are not where you want to be right now, but you're in this position because you've put yourself in it unwillingly (unconsciously).

Please, understand that I'm not trying to make you feel guilty in any way, far from it.

What I'm trying to do is help you understand that if you have a subconscious power that put you in such place, that same power can take you out of it as well.

It's called taking control of your subconscious mind which, in this case, has got all the blueprints of your relationship patterns.

Do you Want to Find the Perfect Man for you?

Finding out the sources of my own relationship problems helped me uncover not only what was wrong with me, but how I could make it right.

And once I was able to do it for me, I later found out that I could do it for others as well.

What I did is first help a friend, and then another, and then another.

Before long I knew that I could help any woman just like them.

Because of my personal knowledge about the subject along with my coaching skills, I was [able to put a program together to help women](#) not only heal themselves but able to attract the perfect man for them.

Learn to Attract the Perfect Man for You

Maybe you have given up on believing that the perfect man for you even exists.

Thus you've given up on the idea of ever meeting that man.

On top of that, you are letting the illusion that your age is becoming a hindering factor to find that man as you are getting older.

Or maybe you're just tired of getting the wrong guy that's just not for you.

If you recognize yourself here, I have some good news for you. While the perfect man may not exist, it's totally possible to meet the perfect man for YOU, and that regardless of your age.

By the way, I have just created a [video for women](#) just like you who are looking to attract the man of their dreams.

What motivated me to do this?

Because your story is my story.

I have spent decades wondering why some people happen to meet their soul mate at a very young age and able to spend their whole adult life in a blissful relationship, while others have met only with an awful relationship pattern that has left them sad and alone by the time their peers already have grown kids and even grandkids.

Have you ever wonder about that yourself?

I certainly have.

But it was before I learned that we actually attract into our life what we deeply believe.

Not what we believe about others, but what we believe about ourselves. Some of those beliefs have two layers as it were...

A conscious layer and a subconscious layer. The later having much more impact on your life results of course.

In my case, I can pinpoint the exact time in my life when I had already given up on myself when it came to relationships.

I remember it very clearly. As incredible as it is, I was only 20 years old and already had decided in my mind that I was never going to meet the right man for me.

There was no apparent reason why I would put such negative belief into my head. I was a pretty and smart young woman.

So what exactly happened?

Of course, I didn't know it at the time, but the reason I came to this conclusion at such a young age was due to two dramatic events I went through between the critical ages of 4 and 16 years old.

I didn't know it back then of course, but it was then that I created a subconscious belief that was going to set me up for failure in the area of relationship for a very long time.

If this is you, don't despair, you can change your relationship pattern as long as you really want to, and do what needs to be done.

You can give an 180° Flip to your Relationship Story

The good news is that no matter what negative beliefs you've created about yourself, which have affected your romantic life to a lesser or greater degree, you can unlearn what you believe now and learn how to move forward with up building new data.

You learn how:

1) Become Aware

"Without awareness, there is no healing"

The best way to become fully aware of what's going on in your relationship life, it's still and probably always will be to write it down.

A very simple yet powerful action.

To decipher what your relationship story is all about, you need to write down what it has been like in as many details as you can because it's going to reveal things to you that you may never have truly realized and may be never dared to admit to yourself.

Be honest with yourself and see the facts for what they are.

2) Go back to the Beginning

Every story has a beginning, so try to find out how it all started for you. When did your current relationship beliefs start?

You probably will have to look very early in your life.

I won't deny that's not the easiest thing to find out on your own, but it's an essential step that you can't afford to skip if you want to heal your relationship pattern and attract your perfect partner. This is a pivotal point where I help my clients with.

3) Analyze your Beliefs

One thing is for certain when it comes to beliefs is that whether they are true or not doesn't make a bit of a difference in your mind. What truly makes a difference is the very fact that you believe them.

What type of beliefs are you carrying around about yourself that are affecting your relationship situation today?

4) Describe what you Want

Do you know what type of man you really want?

Again here, use the magic of the blank page of paper and write about your dream man.

What do you want him to be and do?

Describe him in as many details as you can. And don't forget to describe how he makes you feel.

Always control your feelings ahead of time, in order to get the type feelings you want in your life in the near or far future.

5) Heal yourself

Do not look for your perfect man before you have healed yourself emotionally first. In my guide, I explain fully what this means.

6) Be Hard to get

A crucial thing a woman needs to know is that men can feel it when you are desperate, and more often than not it will make them run the other way.

You must learn to be hard to get if you want to attract the great guy you want.

7) Take Advantage of your Feminine Attributes

I used to be that woman who attracted the wrong man every time, but by applying my own medicine I attract wonderful, intelligent men today.

Among other things, it's because I've learned to take advantage of my feminine attributes and my intuition.

You can learn more [valuable relationship secrets by watching my video here!](#)

For more insights to help you find the man of your dreams, watch this video!



Attract
The Man
Of Your
Dreams
Easily and
Effortlessly

Sylviane Nuccio
SylvianeNuccio.com
Sylviane@SylvianeNuccio.com